

## Intended Learning Outcomes

This programme will help students to discover how to integrate employees' health and safety into daily operation and decision making, save organization resources and contribute to enhance employees' work performance.

Upon completion of the whole programme, students should:

1. Understand key concepts of occupational health and work-related diseases.
2. Identify and analyze health and safety hazards in the workplace and develop an occupational health and safety management programme to achieve health and safety at work.
3. Enhance the participants' personal and professional development in occupational health, safety & hygiene practice.

## Professional Recognition

- GCP provides well-structured occupational health and safety training programme with Site Visit and MCQ Examination.
- Nurses who complete the programme can apply for 46.5 CNE points or equivalent from The Nursing Council of Hong Kong and the programme is considered structured specialty training consistent with the core competency of Fellow of The Hong Kong Academy of Nursing & Midwifery (Community & Public Health-Occupational Health).
- In addition, it is also useful for all safety officers and managers who are interested in furthering study in occupational hygiene and health practices in the operation of their enterprises.

## Module(s) Information

### Contact Hours:

Module I : 16 classroom hrs + Site Visit + 30 self-study hrs for assignment and exam

Module II : 16 classroom hrs + Site Visit + 30 self-study hrs for assignment and exam

Module III : 16 classroom hrs + Site Visit + 30 self-study hrs for assignment and exam

### Full GCP Certificate Requirement:

Attendance of at least 80% of the scheduled lectures and all site visits with completion of all the 3 modules with associated assignments and passing all the assessment tests.

### Programme Duration (7/2026 - 2/2027):

I. 9/7; 16/7; 23/7; 30/7; 6/8; 13/8; 20/8 & \*27/8 (\*MCQ Exam) (Thur 1900 - 2100); \*Site Visit: \*3/9 Thur PM (tentative).

II. 17/9; 24/9; 8/10; 15/10; 22/10; 29/10; 5/11 & \*12/11(\*MCQ Exam) (Thur 1900 - 2100); \*Site Visit: \*19/11 Thur PM (tentative).

III. 3/12; 10/12; 17/12; 7/1; 14/1; 21/1; 28/1 & \*4/2 (\*MCQ Exam) (Thur 1900 - 2100); \*Site Visit: \*18/2 Thur PM (tentative).

(\* = must-attend)

### Venue:

Bamboos Professional Nursing Services Ltd.: 901, 9/F, Good Hope Building, 612-618 Nathan Road, Mong Kok (3-minute-walk from Exit E2, Mong Kok MTR Station).

### Course Fee:

HK\$10,800 (member) / HK\$11,475 (non-member)

### Application:

First-come-first-served basis (Class size: 25);

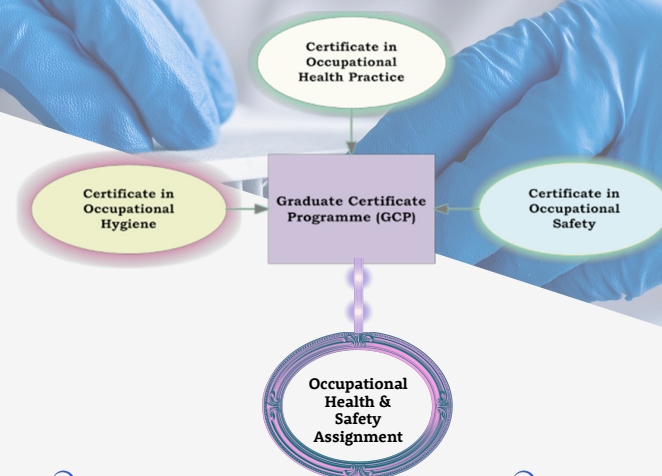
a). Register online and pay via bank-in to "Shanghai Commercial Bank", A/C name: Hong Kong Association of Occupational Health Nurses Ltd; A/C No. 344-24-01091-4. Please email Transfer-slip to hkaohn@gmail.com within 3 days. OR

b). Fill in the hard copy of "Application Form" and mail the form with a crossed cheque (payable to "Hong Kong Association of Occupational Health Nurses Ltd") to the Hong Kong Association of Occupational Health Nurses (HKAOHN), P.O. Box No. 70718, Kowloon Central Post Office.

### Closing Date for Application (GCP):

- Full GCP: 30 June 2026
- Individual module: 2 weeks before commencement

# 9th Intake of Graduate Certificate Programme (GCP): Occupational Health, Safety, and Hygiene Practice



## Lectures + Site Visits

GCP consists of 3 modules:

I. Occupational Safety

II. Occupational Hygiene

III. Occupational Health Practice

\*A separate certificate will be issued for each completed module.

\*If completing all the 3 modules plus occupational health & safety assignments, a full GCP will be awarded.



## Programme Content

### Module I

#### Occupational Safety:

- Safety & Health Legislation / Employment Law
- OSH Management
- Identification & Control of Workplace Hazards
- Occupational Safety: Work at Height / Confined Space / Fire and Electrical Safety
- MHO Safety
- De-Escalation Techniques for Workplace Violence
- Inspection & Environmental Monitoring
- Accident Investigation & Injury Analysis
- Safety Auditing & Safety Management System

### Module II

#### Occupational Hygiene:

- Principle of Occupational Hygiene
- Physical Hazards: Thermal Environment / Air Pressure / Noise & Vibration / Ionizing & Non-ionizing Radiation / Medical Laser
- Chemical Hazards & Exposure Monitoring: Gases & Vapours / Organic Compounds / Metals and Dusts
- Principles of Occupational Toxicology
- Ergonomics & Ergonomic Assessments
- Biological Hazards & IAQ

### Module III

#### Occupational Health Practice:

- Principle of Occupational Health Practice
- Occupational Mental Health
- Sickness Absence Management
- Common Occupational Disease: Lung Disease / Dermatitis / Deafness & Eye injuries / MSD
- Medical Examination: Pre / Post-employment / Fitness for work / Audiometry / Spirometry / Biological Monitoring / Health Surveillance & Epidemiology
- Occupational Health Promotion & Protection
- Health Counseling & Education
- Workplace Health Program
- Occupational Rehabilitation & Disability Management

## For Enquiries:

☎ 6027 0895 (Lancy)

✉ hkaohn@gmail.com

www.hkaohn.com.hk



## Application Form

*\*Please fill in the form and check boxes where appropriate*  .

|   |  |
|---|--|
| <input type="checkbox"/> I want to join Module I (Certificate) only:                |  |
| <input type="checkbox"/> HK\$4,000 (Member)   | <input type="checkbox"/> HK\$4,250 (Non-member)  |
| <input type="checkbox"/> I want to join Module II (Certificate) only:               |  |
| <input type="checkbox"/> HK\$4,000 (Member)   | <input type="checkbox"/> HK\$4,250 (Non-member)  |
| <input type="checkbox"/> I want to join Module III (Certificate) only:              |  |
| <input type="checkbox"/> HK\$4,000 (Member)   | <input type="checkbox"/> HK\$4,250 (Non-member)  |
| <input type="checkbox"/> I want to join Modules I + II + III (Full GCP): 10% off:   |  |
| <input type="checkbox"/> HK\$10,800 (Member)  | <input type="checkbox"/> HK\$11,475 (Non-member) |
| Full Name in English: Mr. / Ms (Block Letter)                                       |  |
| Name in Chinese   |  |
| HKID No. (First 4 Digits: e.g. A1234)   |  |
| Mailing Address   |  |
| Contact Tel (Mobile Phone & Office)   |  |
| Email   |  |
| Working Organization / Hospital & Department  |  |
| Position / Rank   |  |
| Cheque No.  |  |
| Bank  |  |
| Signature   |  |
| Date  |  |
| <input type="checkbox"/> I would like to receive information from HKAOHN via email. |  |
| <b>Official Use:</b> Received Date: _____   |  |
| Accept: _____   | Not Accept: _____                                |

## On-line application



## Admission Requirement

This graduate certificate programme (GCP 9th Intake) is designed for those whose work brings them into contact with occupational health and safety problems of workers and work-related hazards in hospitals and other settings as well. Applicants have to be practicing registered nurses (minimum of 1 year current active nursing experience. OR those who are Registered Safety Officers, OR anyone holding a degree has personal interest in developing career pathway for occupational health, safety & hygiene practices.

## Speakers & Instructors

Courses will be taught by Occupational Health fellows of The Hong Kong College of Community & Primary Health Nursing (HKCCPHN) and Executive Committee (including Honorary Advisors) from HKAOHN who are highly qualified and well experienced in all the major aspects of the programme.

## Programme Honorary Advisors

- Dr. CHENG Frances, PhD, MPH, BA, SRN, SCM, HV, OHN Dip, Public Health Specialist, Visiting Consultant, Center for Health Education & Health Promotion (School of Public Health & Primary Care, CUHK).
- Mr. CHAN C.S. Alexander, MSc (Warwick), Dip Occ. Hygiene (CUHK), Cert Occ. Health & Safety (Aston), Cert Modern Safety Management (DNV), Cert Accredited Safety Auditor (DNV), Chartered Fellow (IOSH), Chartered Safety and Health Professional, Registered Safety Officer, Honorary Advisor including HKCCPHN, HKAOHN, HKISP, UWOSME, HKISA and IOSH Hong Kong Branch. Over 40 years of OSH teaching experience.